

2011 NCAA Division I Men's & Women's Cross Country West Regionals



Saturday, November 12
Men's 10K Race -- 10 a.m.
Women's 6K Race -- 11:15 a.m.

Hosted by Stanford University
Stanford Golf Course

The 2011 NCAA West Regional will be contested at the Stanford Golf Course on November 12. The first race will be the men's 10,000-meter race at 10 a.m. and will be followed by the women's 6,000-meter race at 11:15 a.m. The top two teams in each race qualify automatically for the NCAA Championships, along with the top four individuals not on qualifying teams. In addition, teams around the country are competing for 13 at-large berths, which will be awarded based on a season-long points system developed by the NCAA, with priority toward top regional placers. Historically, the West Region has received several at-large bids and could receive as many as five this year for both the men and the women.

The men's race features four ranked teams, led by No. 6 and host Stanford. The Cardinal were the Pac-12 runner-up to Colorado, but the Buffaloes run out of the Mountain Region. No. 8 Portland was also its conference runner-up, falling to BYU in the West Coast Conference Championships. The win by BYU ended Portland's 32-year dominance of the WCC, but BYU also runs out of the Mountain Region. Other ranked teams are No. 17 Oregon, who is the defending champion in this meet and No. 21 UCLA. Receiving votes in the USTFCCA Poll are Cal Poly, Washington State, Arizona State and California and each could be a threat to make the national meet.

The women's race features an even deeper field with six ranked teams. Pac-12 runner-up No. 6 Washington leads the way, but No. 8 Stanford is not far behind. Also from the Pac-12 are No. 11 Oregon, No. 16 Arizona and No. 26 California as the conference is among the best in the country. No. 27 San Francisco won the WCC meet and will be looking for its first-ever trip to the NCAA meet. Pac-12 Champion Colorado runs out of the Mountain Region, but the West is still a loaded region that could have several teams move onto the national meet. Arizona State is also a threat, having finished sixth at the Pac-12 Championships, ahead of California.

Individually, the defending champion returns in both races. Trevor Dunbar of Portland won last year's meet in 27:59.89, while Jordan Hasay of Oregon took the women's title in 20:01.90. Other top contenders are Pac-12 Champion Lawi Lelang of Arizona and former Pac-12 and Regional Champion, Chris Derrick of Stanford. On the women's side, Tara Erdmann of Loyola Marymount demolished the field at the WCC meet, while Katie Flood of Washington won the Pac-12 title. Kathy Kroeger is also the two-time defending champion at the Stanford Invitational run on the same course.

Last year, the Oregon men and Washington women won regional titles, with the Stanford men and Oregon women earning the other automatic bids. On the men's side, Portland and California earned at-large bids, while Stanford and Arizona earned at-large bids on the women's side.

The course records are held by Galen Rupp of Oregon for the 10,000-meter course and Arianna Lambie of Stanford for the 6,000-meter course. Rupp completed the 10k in 27:41.24 back at the 2008 NCAA West Regional Championships, while Lambie ran 19:29.3 for the 6k course at the 2005 West Regional Championships.

The Stanford Golf Course was the site of the Pac-10 Cross Country Championships from 1972 to 1997 and again in 2006. In 1997, the USA Cross Country Championships were held at the Stanford Golf Course, while the NCAA West Regional has been held three times, including as recently as 2008. The course has challenged many of the best distance runners in the world, including Olympic Silver medalist at 1,500 meters, Bernard Lagat and Olympic Bronze medalist and former American record holder at 10,000 meters, Meb Keflezighi. In addition, U.S. Olympians Abdi Abdirahman, Ian Dobson, Ryan Hall, Brad Hauser, Gabe Jennings, Jonathon Riley and Galen Rupp ran as collegiates on Stanford Golf Course. NCAA Champions, Lauren Fleshman, Amy Skieresz, Amy Yoder and Karen Hecox enjoyed tremendous success competing on the Stanford Golf Course.



2011 CROSS COUNTRY CHAMPIONSHIPS

**WEST REGION
STANFORD, CALIF.
NOVEMBER 12, 2011**

MEN'S ENTRIES

(Schools must declare 7 runners on Friday night)

Name - School	Bib Number	Name - School	Bib Number
Bierig, Kenji - Arizona	308	Kelly, Tate - Gonzaga	370
Lalang, Lawi - Arizona	309	Kupcis, Paul - Gonzaga	371
Macaluso, Sam - Arizona	310	Lance, Ben - Gonzaga	372
Ramirez, Noe - Arizona	311	Milam, Willie - Gonzaga	373
Souza, Dylan - Arizona	312	O'Neil, Cameron - Gonzaga	374
Valente, Thomas - Arizona	313	O'Neil, Colin - Gonzaga	375
Zacharias, Patrick - Arizona	314	Richie, Patrick - Gonzaga	376
Baker-Slama, Garrett - Arizona State	315	Roche, Nick - Gonzaga	377
Boughton, Matt - Arizona State	316	Walgren, Robert - Gonzaga	378
Happe, Nick - Arizona State	317	Walker, Andrew - Gonzaga	379
Lovell, Daniel - Arizona State	318	Brekke, Alex - Idaho	380
Pierre, Brian - Arizona State	319	Britt, Barry - Idaho	381
Schnieders, Steven - Arizona State	320	Clark, James - Idaho	382
Smith, Doug - Arizona State	321	Colle, Stephane - Idaho	383
Terry, Darius - Arizona State	322	Dubie, Jeremiah - Idaho	384
Booth, Andrew - Boise State	323	Geiger, Markus - Idaho	385
Elliott, David - Boise State	324	Osborn, Jeff - Idaho	386
Hamilton, Vince - Boise State	325	Dawson, Jake - Long Beach St.	387
Merritt, Kyle - Boise State	326	Garcia, Andrew - Long Beach St.	388
O'Donoghue-Mcdonald, Drew - Boise St.	327	Hasvold, Brett - Long Beach St.	389
Parker, Dakota - Boise State	328	Hilbert, Gabe - Long Beach St.	390
Robinson, John - Boise State	329	Kelley, Nick - Long Beach St.	391
Schroeder, Allan - Boise State	330	Long, Jared - Long Beach St.	392
Ahrold, Blake - Cal Poly	331	Maldonado, Matt - Long Beach St.	393
Cardona, David - Cal Poly	332	Pantoja, Cameron - Long Beach St.	394
Cosens, Ryan - Cal Poly	333	Reedy, Heath - Long Beach St.	395
Davidson, Sean - Cal Poly	334	Trejo, Arturo - Long Beach St.	396
Frias, Chris - Cal Poly	335	Carlone, Michael - Loyola Marymount	397
Gonia, Daniel - Cal Poly	336	Dalton, Drew - Loyola Marymount	398
Johnson, Michael - Cal Poly	337	Innes, Greg - Loyola Marymount	399
Martinez, Carlos - Cal Poly	338	Joerger, Kevin - Loyola Marymount	400
Moriarty, Mitchell - Cal Poly	339	Johnson, Tyre - Loyola Marymount	401
Shirck, Brandon - Cal Poly	340	Lockert, Sterling - Loyola Marymount	402
Aleman, Brian - Cal St. Fullerton	341	Pastoor, Connor - Loyola Marymount	403
Carrell, John - Cal St. Fullerton	342	Strum, Weston - Loyola Marymount	404
Castellon, Anthony - Cal St. Fullerton	343	Vorgitch, Michael - Loyola Marymount	405
Cook, Brandon - Cal St. Fullerton	344	Burgess, Bryce - Oregon	406
Martinez, Chris - Cal St. Fullerton	345	Costin, Tim - Oregon	407
Perry, Brandon - Cal St. Fullerton	346	DeJarnette, Ben - Oregon	408
Reed, Tyler - Cal St. Fullerton	347	Elkaim, Jeremy - Oregon	409
Smith, Johnathan - Cal St. Fullerton	348	Guyota, Boru - Oregon	410
Zaragoza, Marco - Cal St. Fullerton	349	Hunt, Mitchell - Oregon	411
Chevee, Maxime - California	350	Jablonski, Matt - Oregon	412
Jarvis, Collin - California	351	Kwiatkowski, Chris - Oregon	413
Kigar, Chris - California	352	Pickering, Ryan - Oregon	414
Miller, Matt Hansdavid - California	353	Puskedra, Luke - Oregon	415
Petersen, Matt - California	354	Shrader, Brian - Oregon	416
Poizat, Renaud - California	355	Stinson, Parker - Oregon	417
Schmidt, Cody - California	356	Verzbicas, Lukas - Oregon	418
Schmidt, Simon - California	357	Watson, Cole - Oregon	419
Slater, J. P. - California	358	Winn, Daniel - Oregon	420
Walden, Chris - California	359	Aston, Jesse - Pepperdine	421
Ebding, Bowe - Eastern Washington	360	Bermea, David - Pepperdine	422
Fall, Nathan - Eastern Washington	361	Moran, Phillip - Pepperdine	423
Olivas, Quin - Eastern Washington	362	Mott, Russell - Pepperdine	424
Sorensen, Simon - Eastern Washington	363	Rahaeuser, Jonathan - Pepperdine	425
Vaux, Graham - Eastern Washington	364	Smith, Kenny - Pepperdine	426
Branch, Kyle - Gonzaga	365	Wozniak, Jordan - Pepperdine	427
Felnagle, Brent - Gonzaga	366	Bassett, Jared - Portland	428
Foote, Alex - Gonzaga	367	Caulkins, Chase - Portland	429
Ford, Nick - Gonzaga	368	Dunbar, Trevor - Portland	430
Gesell, Nate - Gonzaga	369	Fauble, Scott - Portland	431
		Frerker, Matt - Portland	432
		Hopkins, Craig - Portland	433
		Kincaid, William - Portland	434
		Kipchumba, Alfred - Portland	435
		Malde, Lars Erik - Portland	436
		McDonald, Charlie - Portland	437
		Osoro, Joash - Portland	438
		Parry, Trey - Portland	439
		Perry, David - Portland	440
		Wells, Cody - Portland	441
		Abbas, Mustafa - Sacramento St.	442
		Byers, Reese - Sacramento St.	443
		Frazier, Luke - Sacramento St.	444
		Frazier, Mark - Sacramento St.	445
		Harvey, Mac - Sacramento St.	446
		Kaylor, Zach - Sacramento St.	447
		Kutsch, Steven - Sacramento St.	448
		Willers, Benny - Sacramento St.	449
		Younger, Cole - Sacramento St.	450
		Bruce, Jacob - San Diego	451
		Carruthers, Kyle - San Diego	452
		Cutter, John - San Diego	453
		Erhardt, Cameron - San Diego	454
		Garcia, Johnathan - San Diego	455
		Baker, Jordan - San Francisco	456
		Barnes, Michael - San Francisco	457
		Grace, Jeremy - San Francisco	458
		Johanson, Charlie - San Francisco	459
		Madera, Jose - San Francisco	460
		Marquardt, Will - San Francisco	461
		McManus, Jimmy - San Francisco	462
		Mena, Gustavo - San Francisco	463
		Romo, Jesus - San Francisco	464
		Waldram, Jason - San Francisco	465
		Demaree, Ben - Santa Clara	466
		Ferrari, Tony - Santa Clara	467
		Hinojosa, Marcos - Santa Clara	468
		Jones, Austin - Santa Clara	469
		Le, Nhuguyen - Santa Clara	470
		Oliver, Kevin - Santa Clara	471
		Reid, Robbie - Santa Clara	472
		Roe, Sean - Santa Clara	473
		Sampson, Chris - Santa Clara	474
		Stephens, Peter - Santa Clara	475
		Venegas, Moises - Santa Clara	476
		Zhu, Richard - Santa Clara	477
		Blucher, Mark - St. Mary's (Cal.)	478
		Brown-Pinizzotto, TJ - St. Mary's (Cal.)	479
		Ellingson, Nick - St. Mary's (Cal.)	480
		Hayes, James - St. Mary's (Cal.)	481
		Klunk, Marc - St. Mary's (Cal.)	482
		Lerma, Jordan - St. Mary's (Cal.)	483
		Pannu, Rajpaul - St. Mary's (Cal.)	484
		Atchoo, Michael - Stanford	485
		Berberick, Andrew - Stanford	486
		Derrick, Chris - Stanford	487
		Gregg, Brendan - Stanford	488
		Havel, Kevin - Stanford	489
		Johnson, Benjamin - Stanford	490
		Olson, Erik - Stanford	491
		Riley, Jake - Stanford	492
		Rosa, Jim - Stanford	493
		Rosa, Joe - Stanford	494
		Stutzman, Tyler - Stanford	495
		Sullivan, J.T. - Stanford	496
		Sullivan, Riley - Stanford	497
		Unterreiner, Miles - Stanford	498
		Valdes, Tyler - Stanford	499
		Graves, Simon - UC Davis	500
		Halsted, Trevor - UC Davis	501
		Hough, Grayson - UC Davis	502
		Petersen, Drew - UC Davis	503



2011 CROSS COUNTRY CHAMPIONSHIPS

**WEST REGION
STANFORD, CALIF.
NOVEMBER 12, 2011**

Peterson, Jonathan - UC Davis	504	Corbin, Nicci - Arizona	13	Mendoza, Carina - Fresno State	80
Rivera, Joseph - UC Davis	505	Formaz, Clea - Arizona	14	Molenhuis, Marrijtje - Fresno State	81
Stanovsky, Axel - UC Davis	506	Henson, Hanna - Arizona	15	Paracholski, Meagan - Fresno State	82
Strum, Nathan - UC Davis	507	Kibet, Elvin - Arizona	16	Poythress, Ann - Fresno State	83
Summers, Alex - UC Davis	508	Menefee, Erin - Arizona	17	Albrecht, Emily - Gonzaga	84
Halliday, Brennen - UC Irvine	509	Russell, Amanda - Arizona	18	Barad, Becca - Gonzaga	85
Matejka, Brett - UC Irvine	510	Stenquist, Haley - Arizona	19	Bergmann, Erin - Gonzaga	86
McMonigle, Ryan - UC Irvine	511	Bricks, Macy - Arizona State	20	Beyer, Krista - Gonzaga	87
Melena, Steven - UC Irvine	512	Conway, Taylor - Arizona State	21	Drake, Lindsey - Gonzaga	88
Neeve, Matt - UC Irvine	513	Hanna, Hailey - Arizona State	22	Jones, Maggie - Gonzaga	89
Nelson, Rex - UC Irvine	514	Houlihan, Shelby - Arizona State	23	Lightfoot, Kirsten - Gonzaga	90
Newton-Neal, Tommy - UC Irvine	515	Lydy, Kate - Arizona State	24	Moore, Stephanie - Gonzaga	91
Osborne, Nick - UC Irvine	516	Prescott, Lindsay - Arizona State	25	Ryan, Elizabeth - Gonzaga	92
Snyder, Andrew - UC Irvine	517	Tarver, Kauren - Arizona State	26	Theobald, Catherine - Gonzaga	93
Gauger, Michael - UC Riverside	518	Vulic, Natasa - Arizona State	27	Thomas, Emily - Gonzaga	94
Gonzalez, Omar - UC Riverside	519	Bates, Emma - Boise State	28	Whalen, Virginia - Gonzaga	95
Hall, Chad - UC Riverside	520	Jette, Kate - Boise State	29	Wheeler, Jennifer - Gonzaga	96
Heck, Benjamin - UC Riverside	521	Lucas, Lauren - Boise State	30	Wood, Kaitlin - Gonzaga	97
Khan, Talal - UC Riverside	522	McLaughlin, Erin - Boise State	31	Zuehlsdorff, Alyssa - Gonzaga	98
Ordinola, Carlo - UC Riverside	523	Morrill, Rici - Boise State	32	Butterworth, Alycia - Idaho	99
Totten, Seth - UC Riverside	524	Murray, Tessa - Boise State	33	Draper, Laurel - Idaho	100
Acosta, Jeremy - UC Santa Barbara	525	Treadway, Taryn - Boise State	34	Kalbrener, Anna - Idaho	101
Frick, Baxter - UC Santa Barbara	526	VanderMalle, Marisa - Boise State	35	Kiser, Hannah - Idaho	102
Kanzaria, Bhavik - UC Santa Barbara	527	Bergstrom, Ashley - Cal Poly	36	Paradis, Emily - Idaho	103
Masci, Anthony - UC Santa Barbara	528	Breadmore, Meghan - Cal Poly	37	Schaffer, Lauren - Idaho	104
Paredes, Juan - UC Santa Barbara	529	Cadieux, Aaren - Cal Poly	38	Stanton, Holly - Idaho	105
Pilavjian, Andrew - UC Santa Barbara	530	Edwards, Hanna - Cal Poly	39	Veseth, Julia - Idaho	106
Rausa, Bryce - UC Santa Barbara	531	Fogg, Leanne - Cal Poly	40	Barnard, Jessica - Long Beach St.	107
Whichard, Doug - UC Santa Barbara	532	Garcia, Noelle - Cal Poly	41	Del Toro, Rosa - Long Beach St.	108
Collins, Shayne - UCLA	533	Kostrikin, Courtney - Cal Poly	42	D'Ornellas, Madison - Long Beach St.	109
Fay, Dustin - UCLA	534	Lystad, Tansey - Cal Poly	43	Garcia, Prism - Long Beach St.	110
Govi, Alec - UCLA	535	Wilson, Heather - Cal Poly	44	Martin, Kylee - Long Beach St.	111
Knight, Dylan - UCLA	536	Broughton, Jorey - Cal St. Bakersfield	45	Martinez, Catherine - Long Beach St.	112
Lema, Nohe - UCLA	537	Cruz, Melisa - Cal St. Bakersfield	46	Moore, Nina - Long Beach St.	113
Morikawa, Kent - UCLA	538	Guzman, Monica - Cal St. Bakersfield	47	Randall, Annie - Long Beach St.	114
Torres, Zack - UCLA	539	Lopez, Cecilia - Cal St. Bakersfield	48	Thompson, Michelle - Long Beach St.	115
Werley, Lane - UCLA	540	Lopez, Jazmin - Cal St. Bakersfield	49	Tiapon, Kelsea - Long Beach St.	116
Zuckerman, Chase - UCLA	541	Mata, Judith - Cal St. Bakersfield	50	Bellia, Alyssa - Loyola Marymount	117
Beattie, Aaron - Washington	542	Montes, Johanna - Cal St. Bakersfield	51	Bristow, Aeoleone - Loyola Marymount	118
Bywater, Joey - Washington	543	Thompson, Megan - Cal St. Bakersfield	52	Delaney, Brianna - Loyola Marymount	119
Carlson, Taylor - Washington	544	Amiri, Ladan - Cal St. Fullerton	53	Draper, Caroline - Loyola Marymount	120
Gilna, Gareth - Washington	545	Bathgate, Katie - Cal St. Fullerton	54	Erdmann, Tara - Loyola Marymount	121
Miller, Michael - Washington	546	Bravo, Lexie - Cal St. Fullerton	55	Hickerson, Michelle - Loyola Marymount	122
Nelson, Aaron - Washington	547	Candelaria, Casey - Cal St. Fullerton	56	Mumaugh, Jessica - Loyola Marymount	123
O'Donoghue-McDonald, Max - Wash.	548	Gonzales, Grace - Cal St. Fullerton	57	Wallington, Veronica - Loyola Marymount	124
Quackenbush, Cameron - Washington	549	Lynch, Tijerra - Cal St. Fullerton	58	Andrews, Sarah - Oregon	125
Simon, Meron - Washington	550	Manzo, Celinda - Cal St. Fullerton	59	Crossman, Bronwyn - Oregon	126
Webster Jr., Rob - Washington	551	McIntyre, Lauren - Cal St. Fullerton	60	Friday, Becca - Oregon	127
Englund, Justin - Washington St.	552	Murray, Allison - Cal St. Fullerton	61	Grabill, Molly - Oregon	128
George, Lee - Washington St.	553	Bryson, Taylor - California	62	Hasay, Jordan - Oregon	129
Gonzales, Andrew - Washington St.	554	Dutch, Taylor - California	63	Kesselring, Anne - Oregon	130
Jordan, Andrew - Washington St.	555	Karhu, Elisa - California	64	Michel, Claire - Oregon	131
Kimpel, Andrew - Washington St.	556	Kohl, Keena - California	65	Patrignelli, Megan - Oregon	132
Laffler, Jono - Washington St.	557	Maier, Deborah - California	66	Penney, Sarah - Oregon	133
Shaffer, Forrest - Washington St.	558	Oberg, Rebecka - California	67	Thompson, Melanie - Oregon	134
Shroy, Richard - Washington St.	559	O'Neil, Laura - California	68	Wallace, Taylor - Oregon	135
Wakefield, Todd - Washington St.	560	Reilly, Chelsea - California	69	Woodward, Allie - Oregon	136
Young, Mack - Washington St.	561	Santisteban, Kelsey - California	70	Botti, Audrey - Oregon State	137
		Uyttewaal, Kathleen - California	71	Carlyle, Laura - Oregon State	138
		Dye, Stephanie - Eastern Washington	72	Gomez, Kinsey - Oregon State	139
		Mahoney, Katie - Eastern Washington	73	Jones, Erin - Oregon State	140
		Turner, Tonya - Eastern Washington	74	Masterson, Casey - Oregon State	141
		Barsarian, Saylah - Fresno State	75	Nielson, Aly - Oregon State	142
		Cruz, Pamela - Fresno State	76	Nowlin, Taylor - Oregon State	143
		De La Rosa, Alyson - Fresno State	77	Poblacion, Olivia - Oregon State	144
		Etherton, Lyndsie - Fresno State	78	Schaer, Kelsi - Oregon State	145
		Galvez, Kristen - Fresno State	79	Steinbeck, Chloe - Oregon State	146

WOMEN'S ENTRIES

(Schools must declare 7 runners on Friday night)

Name - School	Bib Number
Apgar, Elizabeth - Arizona	10
Bergman, Jennifer - Arizona	11
Bulder, Stephanie - Arizona	12



2011 CROSS COUNTRY CHAMPIONSHIPS

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Wheeler, Emily - Oregon State	147	Raymond, Beth - San Jose St.	214	Smith, Kelsey - UCLA	281
Castro, Katie - Pacific	148	Anderson, Jamie - Santa Clara	215	Toberty, Sarah - UCLA	282
Hopper, Melissa - Pacific	149	Garcia, Alex - Santa Clara	216	Valnezuela, Hannah - UCLA	283
Quiroz, Jazmin - Pacific	150	Giove, Nicole - Santa Clara	217	Bartosch, Ali - UNLV	284
Tuttle, Rebecca - Pacific	151	Hartwig, Erin - Santa Clara	218	Berg, Amanda - UNLV	285
Attar, Sarah - Pepperdine	152	Hiatt, Audrey - Santa Clara	219	Cortez, Melissa - UNLV	286
Davies, Adie - Pepperdine	153	Kreige, Mary - Santa Clara	220	Crowe-Carter, Auzsane - UNLV	287
DeWalt, Hannah - Pepperdine	154	McCarthy, Erin - Santa Clara	221	Petersen, Lauren - UNLV	288
Goodman, Sarah - Pepperdine	155	Ney, Hayley - Santa Clara	222	Babcock, Christine - Washington	289
Lawrence, Aneasha - Pepperdine	156	Parker, Carey - Santa Clara	223	Flanagan, Lindsay - Washington	290
Lodge, Lauren - Pepperdine	157	Ryan, Kelly - Santa Clara	224	Flood, Katie - Washington	291
Mobley, Paige - Pepperdine	158	Ahlqvist, Maria - St. Mary's	225	Fulton, Eleanor - Washington	292
Morton, LeeAndrea - Pepperdine	159	Burke, Erin - St. Mary's	226	Goethals, Megan - Washington	293
Rolando, Courtney - Pepperdine	160	Doohan, Alicia - St. Mary's	227	Huschka, Breanna - Washington	294
Baker, Lindsay - Portland	161	Garcia, Cristina - St. Mary's	228	Johnson, Erin - Washington	295
Croft, Ruth - Portland	162	Obando, Elizandra - St. Mary's	229	Johnson, Justine - Washington	296
Dettmann, Andrea - Portland	163	Sojka, Natalie - St. Mary's	230	Linnell, Allison - Washington	297
Fonk, Julia - Portland	164	Amaro, Emilie - Stanford	231	Miller, Liberty - Washington	298
Hastings, Melissa - Portland	165	Anselmini, Mary Kate - Stanford	232	Orr, Chelsea - Washington	299
Hibshman, Maddie - Portland	166	Billmeyer, Alli - Stanford	233	Austin, Caroline - Washington St.	300
Houser, Kellie - Portland	167	Cuffe, Aisling - Stanford	234	Bobbe, Sarah - Washington St.	301
Keaveny, Elizabeth - Portland	168	Duhon, Madeline - Stanford	235	Clark, Allison - Washington St.	302
Kelly, Slaine - Portland	169	Durkin, Claire - Stanford	236	Farrar, Emily - Washington St.	303
Mitchell, Molly - Portland	170	Griffin, Georgia - Stanford	237	Fleischer, Katie - Washington St.	304
Tegelaar, Marit - Portland	171	Kroeger, Kathy - Stanford	238	Morshead, Ramona - Washington St.	305
van Steenberg, Merel - Portland	172	Marcy, Stephanie - Stanford	239	Roberts, Ruby - Washington St.	306
Verma, Natasha - Portland	173	McNamara, Molly - Stanford	240	Zalud, Courtney - Washington St.	307
Chavez, Ashley - Sacramento St.	174	Pennings, Victoria - Stanford	241		
Lewis, Breanna - Sacramento St.	175	Tonn, Jessica - Stanford	242		
Mallory, Teresa - Sacramento St.	176	Trujillo, Aimee - Stanford	243		
Marchini, Lora - Sacramento St.	177	Cridebring, Alycia - UC Davis	244		
Mitchell, Rachel - Sacramento St.	178	Drechsler, Krista - UC Davis	245		
Mugnaini, Lauren - Sacramento St.	179	Fry, Katie - UC Davis	246		
Paul, Mckenzie - Sacramento St.	180	Harcus, Shannon - UC Davis	247		
Rea, Justine - Sacramento St.	181	Kearney, Samantha - UC Davis	248		
Stinnett, Veronica - Sacramento St.	182	Lozoya, Kristine - UC Davis	249		
Allan, Kirsten - San Diego	183	Sumpter, Sarah - UC Davis	250		
Gorelik, Gillian - San Diego	184	Taylor, Kristina - UC Davis	251		
McCarthy, Jessica - San Diego	185	Tusting, Sarah - UC Davis	252		
Koenes, Kristy - San Diego	186	Fata, Chloe - UC Irvine	253		
Kuckertz, Rita - San Diego	187	Follo, Mary - UC Irvine	254		
McCarthy, Jessica - San Diego	188	Holcomb, Kaycee - UC Irvine	255		
Raney, Emerald - San Diego	189	Mc Duffy, Maggie - UC Irvine	256		
Rice, Lauren - San Diego	190	Mead, Melissa - UC Irvine	257		
Rose, Jenessa - San Diego	191	Mendoza, Nicole - UC Irvine	258		
Vargo, Tracy - San Diego	192	Newto-Neal, Maggie - UC Irvine	259		
Carman, Hannah - San Diego St.	193	Ponty, Marthie - UC Irvine	260		
Hogan, Marianne - San Diego St.	194	Alvarez, Camila - UC Riverside	261		
Johnson, Taylor - San Diego St.	195	Brown, Alisha - UC Riverside	262		
Koskinen, Josefina - San Diego St.	196	Daly, Katy - UC Riverside	263		
Novak, Niki - San Diego St.	197	Dubose, Damajeria - UC Riverside	264		
Okun, Amanda - San Diego St.	198	Hefflin, Raquel - UC Riverside	265		
Reaser, Amy - San Diego St.	199	Lindstrom, Jzsanette - UC Riverside	266		
Rigney, Seanie - San Diego St.	200	Pina, Jaasmin - UC Riverside	267		
Baker, Alice - San Francisco	201	Beechan, Ashley - UC Santa Barbara	268		
Bala, Sahar - San Francisco	202	Beresford, Laura - UC Santa Barbara	269		
Curl, Sophie - San Francisco	203	Cooperstein, Christine - UC Santa Barbara	270		
Jamboretz, Kate - San Francisco	204	Jacobs, Andrea - UC Santa Barbara	271		
Martin, Morgan - San Francisco	205	Miller, Bailey - UC Santa Barbara	272		
Niles, Hayley - San Francisco	206	Moreno, Daniella - UC Santa Barbara	273		
Pearson, Sarah - San Francisco	207	Mulgannon, Callie - UC Santa Barbara	274		
Sandri, Mary - San Francisco	208	Vitug, Sarah - UC Santa Barbara	275		
Suur, Laura - San Francisco	209	Goldring, Katja - UCLA	276		
Tiyouri, Maor - San Francisco	210	Golick, Bronte - UCLA	277		
Treleven, Chloe - San Francisco	211	Mooney, Annie - UCLA	278		
Lambdin, Kate - San Jose St.	212	Schmitt, Caitlin - UCLA	279		
Mejia, Aylin - San Jose St.	213	Skiba, Melissa - UCLA	280		



2011 CROSS COUNTRY CHAMPIONSHIPS

**WEST REGION
STANFORD, CALIF.
NOVEMBER 12, 2011**

Men's 10,000-meter Course





2011 CROSS COUNTRY CHAMPIONSHIPS

**WEST REGION
STANFORD, CALIF.
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Women's 6,000-meter Course



NCAA West Regional

6 K Course

Start - A - B - C - D - E - 1K
1K - F - B - G - H - A - C - 2K
2K - D - J - E - 3K
3K - F - B - G - H - A - C - 4K
4K - D - J - 5K
5K - E - F - B - G - H - Finish

2011 USTFCCA National Rankings

Men's RANKINGS

1 Wisconsin (7)	Big Ten	GL
2 Oklahoma State (5)	Big 12	MW
3 BYU	West Coast	MTN
4 Colorado	Pac-12	MTN
5 Oklahoma	Big 12	MW
6 Stanford	Pac-12	W
7 Indiana	Big Ten	GL
8 Portland	West Coast	W
9 Princeton	Ivy	MA
10 Iona	MAAC	NE
11 Texas	Big 12	SC
12 Northern Arizona	Big Sky	MTN
13 Villanova	Big East	MA
14 NC State	ACC	SE
15 Arkansas	SEC	SC
16 Florida State	ACC	S
17 Oregon	Pac-12	W
18 Minnesota	Big Ten	MW
19 Michigan	Big Ten	GL
20 Eastern Kentucky	OVC	SE
21 UCLA	Pac-12	W
22 Columbia	Ivy	NE
23 Georgetown	Big East	MA
24 Texas A&M	Big 12	SC
25 North Carolina	ACC	SE
26 Louisville	Big East	SE
27 Tulsa	Conf. USA	MW
28 Ohio State	Big Ten	GL
29 Syracuse	Big East	NE
30 Providence	Big East	NE

Women's RANKINGS

1 Florida State (10)	ACC	S
2 Villanova (1)	Big East	MA
3 Colorado (1)	Pac-12	MTN
4 Vanderbilt	SEC	S
5 Providence	Big East	NE
6 Washington	Pac-12	W
7 Georgetown	Big East	MA
8 Stanford	Pac-12	W
9 Syracuse	Big East	NE
10 Iowa State	Big 12	MW
11 Oregon	Pac-12	W
12 Michigan State	Big Ten	GL
13 West Virginia	Big East	MA
14 Texas	Big 12	SC
15 Michigan	Big Ten	GL
16 Arizona	Pac-12	W
17 Arkansas	SEC	SC
18 Boston College	ACC	NE
19 New Mexico	Mtn. West	MTN
20 NC State	ACC	SE
21 Virginia	ACC	SE
22 Penn State	Big Ten	MA
23 Oklahoma State	Big 12	MW
24 Notre Dame	Big East	GL
25 North Carolina	ACC	SE
26 California	Pac-12	W
27 San Francisco	West Coast	W
28 Wisconsin	Big Ten	GL
29 Cornell	Ivy	NE
30 Minnesota	Big Ten	MW

West Region Rankings: 1. Stanford, 2. Portland, 3. Oregon, 4. UCLA, 5. Cal Poly, 6. California, 7. Washington State, 8. Washington, 9. Arizona State, 10. UC Santa Barbara, 11. Long Beach State, 12. Boise State, 13. Idaho, 14. San Francisco, 15. UC Riverside.

West Region Rankings: 1. Washington, 2. Stanford, 3. Oregon, 4. Arizona, 5. San Francisco, 6. Arizona State, 7. California, 8. UC Davis, 9. Long Beach State, 10. UC Santa Barbara, 11. Portland, 12. Idaho, 13. Oregon State, 14. Cal Poly, 15. Boise State.